

慶應義塾大学「思考と行動判断」研究拠点 主催  
日本行動分析学会 共催

## Mini Lectures: Health and Behavioral Decision Making

ミニ・レクチャー「健康と行動的意思決定」

December 14, Saturday, 2013

2013年12月14日土曜日

2B24 Room, B2F of South building (Law school building), Mita Campus, Keio University  
慶應義塾大学三田キャンパス 南館地下2階 2B24 教室

Silberberg 教授の来日の機会をとらえ、健康をめぐる行動分析学や行動的意思決定科学の可能性を行動経済学や心理薬理学での研究の展開を踏まえつつ議論したいと考えています。

14:00-14:05

Sakagami, T. (Keio University) "Opening remarks"

坂上貴之（慶應義塾大学）「開会の辞」

14:05-14:50

Ito, M. (Osaka City University) "A review of behavioral health psychology: Self-control and discounting."

伊藤正人（大阪市立大学）「行動健康心理学の展望：自己制御と価値割引」

Behavioral health psychology is defined as a research area in which healthy or unhealthy behavior is treated as choice behavior and a variety of behavioral methods is applied in order to prevent disease, more serious states of disease, as well as a return of disease. Much of the research in this area has focused on "self-control" and "discounting of rewards". In this lecture, I would like to present a behavioral framework of health psychology and some of the recent works conducted in terms of self-control and discounting.

15:00-15:45

Takada, K. (Teikyo University) "Is smoking nicotine-taking?"

高田孝二（帝京大学）「たばこはニコチンか？」

It has long been postulated that “Nicotine is the drug in tobacco that causes addiction” (US Surgeon General, 1988). In addition, the “bible” of psychiatric diagnosis in the US, DSM-IV, included “Nicotine Dependence.” However, in its new edition, DSM-5, this disease category has been renamed as “Tobacco-Related Disorders,” suggesting a change in emphasis away from nicotine. In the presentation I will examine the evidence on nicotine vs. tobacco as the causative agent in smoking.

16:00-16:45

Silberberg, A. M. (American University) "Drugs of abuse may not be addictive."

アラン・M・シルバーバーグ (アメリカン大学) 「乱用薬物には嗜癖性はないのでは」

"Substances of abuse" are so named not because they are addictive, but because the people who use them have major problems in impulse control. So "addiction" is not in the drug; it is in the person who uses it.

16:45-17:00

Discussion

討議

17:10-18:30

Welcome Party

懇親会